

May 2008

Dear Unit Leader:

Welcome to Camp Resolute for the 2008 season! As you prepare to attend summer camp, we want to take this time to point out some very important information regarding health forms. **Please share this with all adults and scout families who will be staying at camp this summer.**

While youth are usually all set with annual physicals and updated immunization records, adults are always a challenge as they tend to interpret the Massachusetts State Regulations as they choose. Since compliance with these regulations is something the state and local health boards look for when they do their annual inspections, we need to ensure that all adults and youth are providing the appropriate physical and immunization information required by the state and the BSA.

For all Adults and Youth staying in camp, a Class 3 BSA health form is required with a physician's or other health care professional's signature. Campers up to the age of 40 yrs of age require a physical exam within 24 months of attending camp. Over 40 yrs of age requires a physical within 12 months. **NO EXEPTIONS!** In cases where the physical can't be scheduled in time for camp, the physician can complete the form and attach a note with the date of the scheduled physical.

In addition, all campers must provide a Certificate of Immunization regardless of the year they were born. This is an item that is highly contested by adults, but which we have confirmed with the state board of health. There are no exceptions! For adults it is recommended that you work with your physician to acquire laboratory evidence of immunity or vaccination. You and your physician can decide the best way to complete the information on the Certificate of Immunization, but all adults need to have one. The print out of immunization records from the physician will suffice for youth.

Immunization requirements from Mass 105 CMR 430.152 as follows:

For Campers and Staff under 18 Years Old

1) Measles, Mumps and Rubella (MMR) Vaccine: At least one dose of MMR vaccine(s) must be administered at or after 12 months of age or there must be laboratory evidence of immunity. A second dose of live, measles containing vaccine is required for all campers and staff.

Both Doses of measles vaccine must be given at least one month apart, and must be given at or after 12 months of age, or laboratory evidence of immunity.

2) Polio Vaccine: At least three doses of either trivalent oral polio vaccine (OPV) or enhanced potency inactivated polio vaccine (e-IPV) are required. If a mixed schedule of polio vaccine is given (IPV and OPV) a total of four doses is required

3) Diphtheria and Tetanus Toxoids and Pertussis Vaccine: At least four doses of DtaP/DTP/DT/tD are required (the Pertussis component is not given to anyone seven years of age or older). A booster dose of tetanus/diphtheria, adult type toxoid (Td) is required if more than ten years have elapsed since the last dose.

4) Hepatitis B: For all children born on or after January 1, 1992, three doses of Hepatitis B vaccine are required.

For Staff and Adults 18 Years of Age or Older

- 1) Measles Vaccine: Unless born before 1957, two doses of live, measles containing vaccine administered at or after 12 months of age (at least one month apart) are required, or there must be laboratory evidence of immunity to measles.
- 2) Mumps Vaccine: Unless born before 1957, at least one dose of mumps vaccine administered at or after 12 months of age is required, or there must be laboratory proof of immunity to mumps.
- 3) Rubella Vaccine: at least one dose of rubella vaccine administered at or after 12 months of age is required, or there must be laboratory proof of immunity to rubella.
- 4) Diphtheria and Tetanus Toxoids: At least three doses of DT/dT are required. A booster dose of tetanus/diphtheria, adult type toxoid (dT) is required if more than ten years have elapsed since the last dose.

Physical Examinations or Immunizations Excepted (105 CMR 430.153)

- 1) Religious Exceptions: If a camper or staff member has religious objections to physical examinations or immunizations, the camper or staff member shall submit a written statement, signed by a parent or legal guardian for those under 18 years of age, to the effect that the individual is in good health and stating the reason for such objections.
- 2) Immunizations Contraindicated: Any immunization specified in 105 CMR 430.152 shall not be required if the health history required by 105 CMR 430.151 includes a certification by a physician that he or she has examined the individual and that, in the physician's opinion, the physical condition of the individual is such that his or her health would be endangered by such immunization.

As always, to speed up your unit's medical check in, it is important that you bring all your health forms to the pre-camp meeting the Wednesday prior to your camp check in. Please take the time to check the forms for completeness – signatures, emergency contacts, health insurance info – these are commonly missed items. Units with forms in order will be checked in first.

Health forms and Certificate of immunization can be found on pages 9 and 10 at the following link. For youth, don't forget the permission to administer prescription medications (all meds must be in original, labeled prescription bottles) and Shooting Sports/Photo release.

<http://www.campresolute.org/pdf/Scout%20%20&%20Parent%20Guide%202008%20FINAL.pdf>

State notification on immunization requirements can be found at

http://www.mass.gov/dph/cdc/epii/imm/alerts/mumps_camp_memo_200606.pdf

Please feel free to contact me with any questions christhorp@verizon.net

Look forward to seeing everyone this summer!!

Chris Thorp
Camping Committee Chairman
Knox Trail Council